

Professional Profile

Specialist psychologist at the Centre de Salut Mental de Mataró (Hospital de Mataró, Consorci Sanitari del Maresme). PhD in Psychology. Collaborating teacher at FPCEE Blanquerna-URL. Researcher in the Research Group Communication and Health (COMSAL). Specialised in personality disorders and care during crisis. Clinical psychologist for the psychology and psychiatry centre GBB.

Teaching Activity

Teacher collaborating at the master's course in General Health Care Psychology. Tutor for intern-resident psychologists (PIR) and the master's course in General Health Care Psychology at Hospital de Mataró (Consorci Sanitari del Maresme). He has collaborated as a teacher in different master's courses in subjects related to crisis intervention and approach in severe mental disorders. External tutor for UAB and UB master's students.

Research Activity

Author of more than thirty publications in scientific impact factor journals and books of renowned publishers. Main researcher of different research projects with widely recognised scientific production. Projects that he is collaborating with:

- Assessing the effectiveness of psychotherapies in incipient psychosis and first episodes.
- Designing and developing an app for emotional regulation in borderline personality disorder.
- Assessing personality traits in couples with a diagnosis of borderline personality disorder.
- Validating the CERF (questionnaire of family relationships) in families with a child diagnosed with schizophrenia.

Other merits

- Postdoctoral scholarship granted by Fundació Alicia Koplowitz for a short stay at UPMC-University of Pittsburgh Medical Center (USA), in a research group coordinated by Professor Boris Birmaher.
- Co-director of current doctoral theses.
- Member of the Editorial Board of the *Austin Journal of Psychiatry and Behavioral Sciences* (May 2014-present).
- Chairperson for mental health at the Teaching Commission at Hospital de Mataró (April 2012-present).
- Member of the scientific committee organizing the 8th Conference of the National Association of Resident Psychologists. Approaches and Scenarios in Clinical Psychology (Valencia, 2008).
- Member of the Advising Commission for Mental Health at Hospital Universitari La Fe de València (2007-2008).
- Member of the National Association of Clinical and Resident Psychologists (ANPIR) (2006-present).

— *Ad hoc* reviewer for the following journals: *Journal of Affective Disorders* (2013), *Psychiatry Research* (2014), *European Psychiatry* (2014), *European Child and Adolescent Psychiatry* (2014), *Annals of Depression and Anxiety* (2014).