

Professional Profile

PhD in Psychology. Associate teacher at FPCEE Blanquerna-URL. Researcher in the Research Group Person and Context at FPCEE Blanquerna-URL. Researcher-teacher at the Facultat de Ciències de la Salut Blanquerna-URL. Practice Coordinator for Psychology, Physical Activity and Sports Sciences, and Speech Therapy and University master's courses, and coordinator of the Area of Clinical Psychology. Psychologist in a private office.

Teaching Activity

Teacher in the Psychology degree course and the master's course in General Health Care Psychology at FPCEE Blanquerna-URL. Teacher in the degree course in Human Nutrition and Dietetics at Facultat de Ciències de la Salut Blanquerna-URL. Teacher in the postgraduate course in Psychotherapeutic Intervention at Universidad Nacional de Educación a Distancia (UNED).

Research Activity

Author of more than twenty-five publications in impact factor scientific journals and books by renowned publishing houses. Researcher in many research projects with recognised scientific production. Projects where she has participated:

- Psychosocial interventions and perceived quality of life in chronic psychotic patients.
- Assessment of the impact of psychosocial intervention programmes on schizophrenic patients: group treatment and home care.
- Construction of professional satisfaction and burnout in teachers: situation of female teachers versus male teachers.
- Comparative studies on the arresting conditions in women: assessment, study of needs and better practice.
- Postpartum depression: An experimental study.
- Relationship between job satisfaction and personality profile of primary health care professionals.

Other merits

- Reviewer for the journal *Happiness Studies*.
- Researcher Training (FI) scholarship.
- Main researcher in competitive research projects.