

Professional Profile

PhD in Psychology (URL). BA in Psychology and diploma in Primary Education Teacher Training from FPCEE Blanquerna-URL. Teacher at FPCEE Blanquerna-URL and at Institut Universitari de Salut Mental Vidal i Barraquer (FVB). Psychotherapist at Centre Mèdic Psicològic de la Fundació Vidal i Barraquer (FVB). Master's degree in Psychoanalytic Psychotherapy (URL). Postgraduate degree in Couple and Family Psychotherapy (URL). Master's degree in Clinical Psychopathology (URL). Official Master's degree in Clinical and Health Psychology, Research itinerary (URL). Researcher in the Research Group Couple and Family (GRPF) (URL). Accredited as a lecturer by AQU (Agència per a la Qualitat del Sistema Universitari de Catalunya).

Teaching Activity

Associate teacher at FPCEE Blanquerna-URL. Accredited as a lecturer by Agència per a la Qualitat del Sistema Universitari de Catalunya (AQU) (February 2016).

Research Activity

Author of more than fifteen publications of articles in impact factor scientific journals and books in renowned publishing houses. Projects where she has participated:

- Opening communication about adoption in Spain: a protection factor for the adolescent's psychological adjustment.
- Time between adoption and the start of schooling: impact on psychological adjustment of international adoptees.
- Therapeutic alliance in couple therapy (ATP).
- Impact of high conflict divorce on children (CONPAR).
- Mechanisms to select partner and gender: How social and cultural changes affect choice of partner.

Other merits

- Placement at Laboratoire de Psychologie: Éducation, Cognition, Développement, Nantes, París.
- Participation in more than twenty conferences at a national and international level.