

Professional Profile

PhD in Psychology. Teacher at FPCEE Blanquerna-URL. Researcher for the Research Group Communication and Health (COMSAL). Psychologist at Centre de Salut Mental de Mataró (Hospital de Mataró, Consorci Sanitari del Maresme). Member of the Personal Guidance Service at FPCEE Blanquerna-URL. Psychotherapist accredited by EPFA (2013).

Teaching Activity

Teacher in the Psychology degree course at FPCEE Blanquerna-URL. Coordinator and teacher of the master's course in General Health Care Psychology. Collaborator for the training of family and community medicine residents (CAMFiC). Collaborator in the master's course in family Therapy at FPCEE Blanquerna-URL. Collaborator in the master's course in Integrative Family Therapy at UdG. Educator of intern resident psychologists (PIR) and in the MPGS master's course at Hospital de Mataró (Consorci Sanitari del Maresme).

Research Activity

Accredited as a lecturer by Agència per a la Qualitat del Sistema Universitari de Catalunya (AQU) (U1443/100653016-158). Accredited as a researcher by AQU (0233S/813/2015). Recognition of a research period (six-year term) (0233S/3149/2015). Member of a consolidated research group (COMSAL) recognised by Agència de Gestió d'Ajuts Universitaris i de Recerca (AGAUR) (GR2014-SGR 1088). Projects that she is taking part in:

- Assessing the effectiveness of psychotherapies in incipient psychosis and first episodes.
- Home care in patients and families with psychosis.
- Assessing the effectiveness of psychotherapies in primary care services.
- Designing and developing an app for emotional regulation in borderline personality disorder.
- Assessing personality traits couples diagnosed with borderline personality disorder.
- Validation of CERF (family relationships questionnaire) in families with a child diagnosed with schizophrenia.
- Assessing ARFID in children and families.

Other merits

- Member of the working group Integration of PGS practices into the training itinerary of psychology in the health care field of Col·legi Oficial de Psicòlegs de Catalunya.
- Recipient of six research awards and a second award in project presentation.
- Accredited by NeuroCog Trials to administer the MATRICS neurocognitive battery in clinical trials.
- Co-director of six PhD theses, two of which have already been finished.