

Professional Profile

PhD in Psychology (UAB). Specialized in Psychotherapy from the European Federation of Psychologists' Associations (EFPA). Master's degree in Psychiatry and Clinical Psychology of Childhood and Adolescence (UB). Coordinator of the Eating Behaviour Disorders Unit and clinical head for partial hospital admission (Àrea de Salut Mental, Hospital Sant Joan de Déu de Barcelona). Associate professor at UB.

Teaching Activity

Teacher in the master's course in General Health Care Psychology at FPCEE Blanquerna-URL. Tutor of the master's course in Training of Paidopsychiatrics and of the master's course in Child-Youth Clinical Psychopathology at UAB. Practice tutor of the master's course in Clinical and Health Psychology at UB. Collaborating teacher of the Psychology Practicum at UB. Collaborating teacher of the master's course in Nursing Cures in Childhood and Adolescence at Escola Universitària d'Infermeria de Sant Joan de Déu. Collaborating teacher of UB master's course in Emotional Care for Children in Hospitals following to the Child Life Model.

Research Activity

Author of more than fifteen publications in scientific impact journals and books in renowned publishing houses. Projects that he has taken part in:

- Prevalence of sleep disorders in children and adolescents with a recent diagnosis of attention deficit disorder with hyperactivity and relationship with iron metabolism.
- Virtual reality exposure techniques to treat virtual body image distortion in patients with anorexia nervosa.
- Assessment of a treatment programme for eating disorders that combines standard cognitive-behavioural treatment with online psychological attention via TCApp.

Other merits

- Participation in many conferences at a national and international level.
- Participation in many lectures and presentations at a national and international level.
- Member of the working group Accreditation of Mental Health and Addiction Care Centres in Catalonia at Hospital Sant Joan de Déu.
- Member of the Dialogue Table to prevent eating behaviour disorders of Generalitat de Catalunya.
- Member of the Managing Board of Asociación Española para el Estudio de los Trastornos de la Conducta Alimentaria (AEETCA).