

Professional Profile

Doctor of Medicine. Psychiatrist, psychoanalyst, psychologist, and neurologist. Teacher at national and international universities and educational institutes. Head of the Mental Health Unit for the Barcelona district of La Verneda, La Pau and La Mina.

Teaching Activity

Teacher at national and international universities and educational institutes.

Teacher at URL in the University Master's course in General Healthcare Psychology, the Master's course in Psychoanalytic Psychotherapy, the University Expert Postgraduate course in Brief Psychotherapy, the Master's course in Transcultural Spirituality, and the Postgraduate course in Clinical Psychopathology. Participation in master's courses, seminars, and courses in other universities: University of València (UV), International University Menéndez Pelayo (UIMP), Basque Country University (UPV), University of Vic, and Deusto University.

For the last twenty years, he has been the director of the seminar Introduction to Psychoanalytic Psychopathology of the Sociedad Española de Psicoanálisis and Institut de Psicoanàlisi de Barcelona.

Teacher, trainer, and director of seminars for many Catalan and Spanish health associations: Asociación Española de Neuropsiquiatría, Fundación Castilla del Pino, Asociación Altxa, Institut de Treball i Serveis Socials, Asociación para la Salud Mental Infantil des de la Gestación, Grupo Atra, Fundación Manantial, EDAI, Federació d'Entitats d'Atenció a la Infància i l'Adolescència, Fundación Probitas, Fundación Hnos. Camilos, Ateneo de Madrid, Ateneo de Barcelona, among others.

Research Activity

Positive evaluation of the teaching and research activity of teachers working in private universities by the Agència per a la Qualitat del Sistema Universitari (AQU) of Catalonia (179/PUP/2003).

Direction and co-direction of ten doctoral theses. Publication of more than a hundred articles in impact journals and in books by renowned publishing houses. Outstanding publications:

- Tizón, J.L. (2015). *Psicopatología del Poder: Un ensayo sobre la perversión y la corrupción*. Barcelona: Herder.
- Tizón, J.L. (2014). *Familia y psicosis: cómo ayudar en el tratamiento*. Barcelona: Herder-3P.
- Tizón, J.L. (2017). Familia y psicosis: hacia un enfoque integrador de nuestra comprensión de las psicosis. *Encuentros*, 54: 20-21.
- Tizón, J.L. (2016). Trastornos del espectro autístico y trastornos generalizados del desarrollo: por una perspectiva relacional de su comprensión y cuidados. *Eipea (Escoltant i pensant els autismes)*, 4-25.
- Tizón, J.L. (2016). Crisis social y "parentalidad líquida": II. La necesidad de cambios teóricos, técnicos y prácticos en psicoanálisis y psicología del desarrollo. *Temas de Psicoanálisis*, 11, 1-51.
- Tizón, J.L. (2016). El peligro de medicalizar aún más las relaciones con los niños. *Cuadernos de Pedagogía*, 463, 56-62.

Active member of the group of experts on prevention and promotion of mental health from the Primary Health Service (APS) of the Programme for Health Prevention and Promotion Activities (PAPPS) of the Sociedad Española de Medicina de Familiar y Comunitaria. Coordinator of the working group Collaboration and Support to the Primary Health Service and the three working subgroups: Needs of Networks for Mutual Collaboration, Attention to Mental Health from APS, and Protocols and Referrals between APS and Mental Health Units.

Other merits

- National Award of Research in Neuropsychiatry.
- Jaime Tomás Award of Psychosomatics and Psychoanalysis.
- Josep Trueta Award for healthcare merits presented by the Generalitat of Catalonia as a member of the CAP La Mina team.
- Award for excellence in healthcare quality in Psychiatry and Mental Health (2009) presented by Fundació Avedis Donabedian.
- Awarded with an honorific mention to recognize his merits as a pioneer in the work and research on mental health and migrations, presented by the Transcultural Psychiatry section of the World Psychiatric Association (2010).
- Award for professional excellence presented by the Barcelona Medical Association (2010).
- Director of the book collection 3P ("Psychopathology and Psychotherapy of Psychoses"), by Herder.
- Member of the managing board and the editorial board of *Revista de Psicopatología y Salud Mental del Niño y del Adolescente*.
- Supervisor of the Attention to Children and Adolescents Team (EAIA), of the General Directorate of Attention to Childhood (DGAIA), of the Child-Youth Mental Health Centre (CSMIJ), and the Early Development and Intervention Centre (CDIAP) of the Generalitat of Catalonia.
- Supervisor and trainer of the Psychological Care Team at Càritas Diocesana de Barcelona.