

### **Professional Profile**

PhD in Psychology. Psychotherapist accredited by Federación Española de Asociaciones de Psicoterapeutas (FEAP), by European Association for Psychotherapy (EAP), and by Asociación Española de Terapia Cognitiva (ASPECO). Co-director and psychotherapist at Myrios, Institut d'Atenció Psicològica i Psicopedagògica. Teacher at FPCEE Blanquerna-URL. Member of the Research Group Psychology, Person and Context from FCPEE Blanquerna-URL. Specialised in the area of childhood, family, and constructivist therapies.

### **Teaching Activity**

Teacher in the master's course in General Health Care Psychology and in the Psychology degree course at FPCEE Blanquerna-URL. Co-director of different postgraduate programmes in adoption and fostering.

### **Research Activity**

Researcher accredited by Agència per la Qualitat del Sistema Universitari (AQU) in 2007. Author of more than thirty publications in scientific impact journals and in books by renowned publishing houses. Member of the Research Group Psychology, Person, and Context from FPCEE Blanquerna-URL, and director of the research line on adoptions and family fostering. Co-author of informational books on adoptive parenthood. Projects that she has taken part in:

- Current challenges of adoption in Spain: Needs and rights of fostered and adopted children.
- Adoption Thematic Network: In the best interest of the child. Supplementary action: Well-being and integration of adopted children: Multidisciplinary perspectives.
- Construction of professional satisfaction and burnout in teachers: Situation of female teachers vs. male teachers.
- Comparative studies on the detention conditions of women: Assessment, study of needs and "better practices".
- Postpartum depression: An experimental study.
- Assessing the impact of psychosocial intervention programmes on patients with schizophrenia: Group treatment and home care.
- Efficacy of a psychosocial intervention in a group of chronic psychotic patients.

### **Other Merits**

- Direction of two finished doctoral theses.
- Coordination and participation in many lectures and communications.
- Co-organization of many projects of psychotherapy, constructivism, and child clinical psychology, both at a national and international level.
- Holder of different research awards.