

Professional Profile

Doctor in Psychology. Teacher at FPCEE Blanquerna-URL. Researcher in the Research Group Communication and Health (COMSAL). Specialist psychologist at the Mental Health Centre of Hospital de Mataró (Consorti Sanitari del Maresme). Coordinator of the Personal Guidance Service at FPCEE Blanquerna-URL.

Teaching Activity

Full professor in the degree course in Psychology at FPCEE Blanquerna-URL. Teacher of the subject Cognitive-Behavioural Models. Teacher in the master's course in General Healthcare Psychology. Collaborator in the master's course in Family Therapy at FPCEE Blanquerna-URL. Educator for intern resident psychologists (PIR) and master's course (MPGS) at Hospital de Mataró (Consorti Sanitari del Maresme).

Research Activity

Accredited as a lecturer by AQU (93/PUP/2003). Recognition of a research period corresponding to 2006-2014. Member of the Consolidated Research Group COMSAL, accredited by AGAUR (GR2014-SGR 1088). Projects where she collaborates:

- Evaluation of the effectiveness of psychotherapies in primary healthcare.
- Evaluation of the effectiveness of treatments for agoraphobia.
- Evaluation of the effectiveness of psychotherapies in incipient psychosis and first episodes.
- Home care for patients and families with psychosis.
- Design and development of an App for emotional regulation in borderline personality disorder.
- Evaluation of group treatments in people with autolytic intentionality.

Other merits

- Main researcher in three competitive research projects.
- Holder of a research award.
- Member of the Scientific Committee of the I, II and III Congreso Nacional de Inteligencia Emocional, organized by the Catalan Psychological Association and by CIDIE (2012, 2014, and 2016).
- Accredited by NeuroCog Trials to administer the neurocognitive battery MATRICS in clinical trials.
- Co-direction of six doctoral theses, with four of them having been completed.