Professional Profile

Doctor in Psychology. Vice-Dean for Social and Health Studies and Academic Regulation. Full professor at FPCEE Blanquerna-URL. Master's degree in Psychological Research. Researcher of the Research Group Psychoperson (FPCEE Blanquerna-URL). Accredited as general healthcare psychologist (COPC). Psychotherapist accredited by EFPA (2013). Psychologist specialised in psychotherapy by EuroPsy European Certificate in Psychology, Area of Practice: Clinical and Health (EFPA/COP). Co-coordinator of the interdisciplinary group of special interest on loss, death, and grief in the educational context for knowledge transfer (FPCEE Blanquerna-URL). Psychologist and psychotherapist at Institut de Diagnòstic i Atenció Psiquiàtrica i Psicològica IDAPP (Barcelona). Psychotherapist accredited by Asociación Española de Psicoterapias Cognitivas (ASEPCO). Member of the Federación Española de Asociaciones de Psicoterapeutas (FEAP) and former member of the Managing Board of ASEPCO.

Teaching Activity

Teacher of the degree course in Psychology at FPCEE Blanquerna-URL. Teacher in the master's course in General Healthcare Psychology. Teacher in the master's course in Integrating Psychotherapy at Fundació Universitat de Girona: Innovation and Training, and at Institut d'Estudis de la Sexualitat i la Parella (IESP). Teacher in the master's course in Music Therapy at IDEC-UPF and FPCEE Blanquerna-URL. Teacher in the postgraduate course in University Specialist in Grief Accompaniment (UdL). Teacher in the postgraduate course in Psychosocial and Spiritual Attention for People in a Situation of Advanced Disease, organized by Càtedra de Cures Pal·liatives (UVic/ICO).

Research Activity

Teacher accredited by Agència per a la Qualitat del Sistema Universitari de Catalunya (U1465), with two six-year periods of research. Projects where she collaborates:

- Subjective experience of breast cancer and use of technologies in patients with this diagnosis.
- Study of processes in psychotherapy, particularly with patients in a grief process.
- Subjective experience of infertility and assisted reproductive treatments; effects on the different couple members.
- Qualitative study of narratives by patients diagnosed with eating disorder.

Co-author of a book and different articles and book chapters at a national and international level, mainly in the field of psychotherapy in general and grief processes in particular. Author or co-author of different presentations in national and international congresses, as well as guest lecturer in conferences on psychotherapy and grief.

Occasional collaborations as reviewer for articles submitted to national and international journals: Journal of Constructivist Psychology, Narrative Inquiry, Revista de Psicoterapia, Aloma, Death Studies.

Other merits

- Member of Asociación Española de Psicoterapias Cognitivas (ASEPCO), association ascribed to the Federación Española de Asociaciones de Psicoterapeutas (FEAP) and European Association for Psychotherapy (EAP).
- Member of Asociación Española de Terapia Narrativa.
- Direction and/or co-direction of four doctoral theses in process (co-direction with Dr. Cristian Ochoa, ICO; Dr. Emma Ribas, Dexeus; Dr. Daniela Alves, University of Minho, Portugal).
- Poster Award. 7th International Congress on Constructivism in Psychotherapy (Geneva, Switzerland).